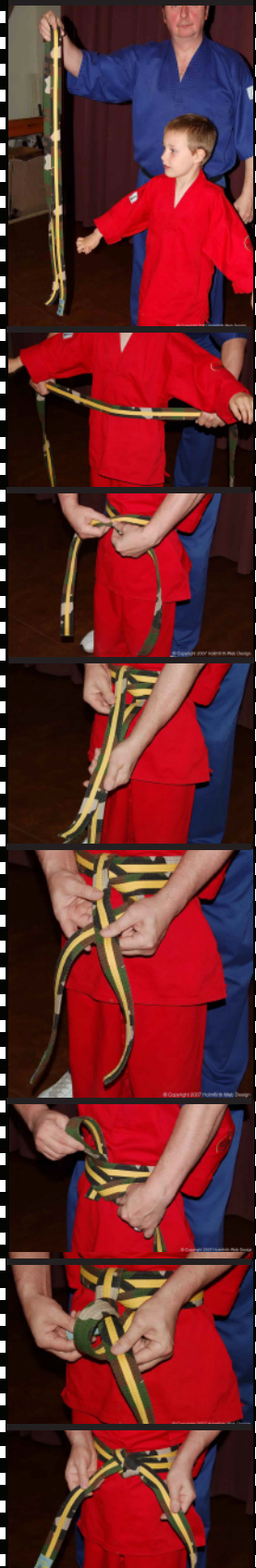


Huddersfield Cobras Freestyle Karate Club

Huddersfield's Premier Freestyle Karate Club



Fold the belt in half to find the middle point of it

Place the middle point of the belt in front of the belly; wrap around the back; and pass the two ends back to the front...

...crossing the two ends over

Pass the side that's on top underneath both layers of the belt; from the bottom upwards (NB. picture shows the belt being pulled through from the top, not passed down from the top)

Even up the two lengths so they are about the same length, with the one that was fed up and behind, on top of the other

Cross the two ends

Pass the length that's underneath up and over the other and pass it down through the hole you created between the two

Pull the two ends tight to create the perfect, tied belt!

Cobra's Creed

I will do everything to the best of my ability

I will avoid all things that will destroy my physical and mental health

I will treat everyone that I meet with respect



The Principles of Cobra's Karate

The bearer will never use his/her karate to bully or threaten in any way.

He/she will never use their karate unless it is to defend themselves, their family or friends.

Wherever you are you belong to the Huddersfield Cobras, remember this and act accordingly.

Huddersfield Cobras Freestyle Karate Club

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